Balancing Career and Caregiving: Providing Leaders with Tips and Tools for Improved Employee Productivity



Pam Ostrowski

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"Attendees went out of their way to tell us that Pam was one of the most informative and engaging speakers we've had and we've had some of the best!" ~Greg Asher

Available for:

- Keynote speeches
- Webinars/Working Sessions/Breakouts

Signature Topics

- Improving ROI by helping employees caring for the aging population
- The impact on business and work-fromhome caregivers going back to the office
- Improving Mental Health While Caring for an Aging Loved One
- When High-Performing Employees Lose Focus Overnight due to Caregiving
- Building Resilience and Better Mental Health in Employees Caring for Aging Loved Ones

Contact Pam for additional topics and fees

As seen in:



1 in 5 Americans will be 65+ by 2030. How will caring for them impact your organization?

Pam speaks from experience based on her 14-year Alzheimer's and dementia journey with her parents and her extensive education in dementia. She walked away from a fast-track management position, moved 2800 miles, and became an individual contributor so that she could care for her parents.

Pam Ostrowski is a national Dementia Caregiving expert who works with organizations to provide a path for their employees through the heart-wrenching tasks, financial burden, emotional rollercoaster, and overwhelming challenges they face on the multi-year journey with a loved one with dementia.